



LAKEVIEW GOLDEN TIMES

Welcome to our quarterly newsletter from Lakeview Rest Homes

Welcome...

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Hello and welcome to our first quarterly newsletter for residents, relatives and friends of Lakeview Rest Homes. We wanted to include information and news from each of our four homes based here in St Anne's and with the current Covid 19 health situation it's a way of us keeping you all informed, especially with us not being able to have visitors at the moment.

We hope it gives you an insight into what we have been up to and the exciting events coming up over the next three months (coronavirus permitting). We hope to create some lasting memories for everyone.

Fundraising and Events.

Following a successful year of fundraising for local charities, this year we will be supporting Brian House Children's Hospice, Alzheimer's Society and maintaining links with our local community by supporting the YMCA Under 7's Football Team



In 2019 we raised over £1500 for Brian House Children's Hospice through various events and sponsored activities including The Moorings housekeeper Jean Clarke's **BIG HEAD SHAVE!!** and the Garden Parties held at the homes. Well done to all involved in raising such an amazing total!



Dates for your diary:

- Lakeview Lodge Summer Party 27th June
- The Moorings Garden Party 18th July
- Rosewood Lodge Garden Party 15th August
- Newfield Lodge Dementia Awareness Garden Party 26th September

Recent news and events

2019 was a very busy and exciting year for Lakeview Rest Homes. One of our Dementia Homes, Newfield Lodge, underwent a refurbishment and had a secure outdoor front garden created for the residents to enjoy the sunshine. Three of our homes were inspected by CQC and achieved a Good rating and we welcomed many new residents and staff members to the Lakeview family.

Each home has had some fantastic trips out on our minibus and enjoyed some special events held in the homes. Many amazing singers and entertainers came in and performed for everyone throughout the year and we look forward to welcoming many more in 2020.



Activity Calendars are available on display in each home/website which detail the activities for the current month.



Rosewood Lodge

Rosewood have a new chef who came on board in March, Tony who comes from a restaurant background and has been making a big impression with the residents already with his new ideas and menu choices. Kate the manager is also very keen to start up a gardening club for her residents over the coming months by having some new raised planting beds built so that everyone can access and start to grow their own herbs & vegetables.



Lakeview Lodge

Lakeview has welcomed a new home manager in late 2019, Sophie Herstritt. Sophie is excited to bring fresh ideas to the home and had already started by introducing 'Family Night' once a month where residents and their families can come and enjoy some entertainment and drinks together in the home. This is on hold for now due to Covid 19.

Lakeview were recently inspected by CQC and received a 'Good' rating overall!!



Newfield Lodge

Newfield Lodge has been working closely with the Moments Dementia Café in St Anne's recently. We held a Dementia event there in 2019, allowing people to take part in our Sensory Dementia Experience. This is a great way of giving people an insight into what it's like to live with Dementia and we will be arranging more sessions throughout 2020. Please look at for the dates on our Facebook page.



The Moorings

At the Moorings we are currently making some exciting changes to the way we run the home. One of these changes is to introduce a 'Residents Committee'. This committee will be responsible for suggesting changes and being part of their implementation. This will include influencing activities and events as well as menu changes and suggestions. This is just one of the ways we are looking at the residents becoming more included and involved in The Moorings.

Meet the Team



Rachel Thomas

I am the Activities Co-Ordinator for all four of the homes at Lakeview Rest Homes Ltd. I started my career as a Care Assistant at The Moorings in 2018 and when I got to know the residents, I volunteered a few times to sing for them. When there was an opening for a new Activities Co-Ordinator, I knew that I had to go for it as I have a passion for working with and assisting elderly persons as well as strong organisational skills.

I'm love bringing my fresh ideas to my exciting role.

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www.lakeviewresthomes.co.uk